



"Dr. Michael Ingber is board certified in urology with subspecialty certification in urogynecology and reconstructive pelvic surgery. He practices at Garden State Urology and serves as an Associate Professor of Urology at Rutgers New Jersey Medical School, with clinical affiliations at Atlantic Health System.

Dr. Ingber is recognized for advancing women's sexual health and menopause care, including the early adoption of therapies directed at unmet common menopausal needs. He is also a physician-innovator and cofounder of LiviWell, a women's health startup focused on developing novel solutions to improve postcoital and vaginal wellness."

Dr. Eleonora Teplinsky is a board-certified medical oncologist specializing in breast and gynecologic oncology. She is the head of breast and gynecologic medical oncology at Valley Health System in Paramus, NJ and a Clinical Assistant Professor of Medicine at the Icahn School of Medicine at Mount Sinai. Her clinical and research interests focus on young women with breast cancer, cancer survivorship and sexual health.

Dr. Teplinsky serves on the medical advisory board of Living Beyond Breast Cancer, is a frequent media contributor and speaker, and is the host of the INTERLUDE Podcast where she shares the stories and experiences of those who have been affected by cancer. Her first book, *Beyond The Pink: Navigating Life, Health, and Breast Cancer*, will be published in September 2026.



"Dr. Corinne Menn is a board-certified OB/GYN and Menopause Society Certified Practitioner. A long-term survivor of breast cancer and premature menopause, she bridges clinical expertise and lived experience in her work focused on menopause, sexual health, as well as cancer survivorship. Dr. Menn also teaches CME courses for fellow clinicians.

She is a leading breast cancer advocate and serves on the Council of Advisors for the Young Survival Coalition and is a medical advisor to the non-profit Menopause and Cancer. Through her medical practice, teaching, and national speaking, Dr. Menn is dedicated to advancing evidence-based, patient-centered care for wo"



Dr. Alyssa Banks, PT, DPT, is a licensed physical therapist, pelvic floor specialist, certified sex counselor, and owner of Alchemy Pelvic Health. She works as your trusted partner to renew pelvic health so women can feel their best and become the most confident version of themselves.

Her holistic approach is not just treatment — it's whole-body transformation, integrating movement, nervous system regulation, sexual wellness, strength, and education to help women reconnect with their bodies and improve quality of life at every stage. Passionate about empowering women through evidence-based care and compassionate support, Dr. Banks creates a safe and collaborative space where healing, confidence, and vitality can thrive.

Dr. Catie Buttner is a pleasure-centered sex therapist practicing in Dr. Catie Buttner Sex Therapy Practice, where she works with individuals and couples to better understand sex, intimacy, and pleasure across the lifespan.

Combining her background in research with a deeply collaborative and compassionate approach, Dr. Catie blends science, somatics, and the expertise YOU hold about your own body and experiences to help clients reconnect with desire, navigate pleasure through perimenopause and menopause, and feel empowered in evolving intimacy, relationships, and kink dynamics as they age. Her work creates a supportive space for curiosity, communication, embodiment, and sexual well-being — helping individuals and couples cultivate more connected, fulfilling, and authentic intimate lives.



Dr. Rekha Mandel, MD, MSCP, DipABLM, is a board-certified internal medicine and lifestyle medicine physician and Menopause Society Certified Practitioner. She is the founder of Lilly Menopause & Wellness, a physician-led practice in Morristown, NJ focused on evidence-based menopause, midlife, and longevity care for women.

Dr. Mandel's work focuses on the hormonal, metabolic, cognitive, and lifestyle changes women experience in midlife, with an emphasis on evidence-based care, prevention, and long-term health. She is also co-founder of Body & Soul Collective, a women's wellness community and retreat experience focused on connection, movement, mindfulness, education, and joyful living."=